

# CM503 Christian Counseling

#### **Short Syllabus**

**Instructor: Ted Johnston** 

#### Course description

This course examines a multi-disciplinary approach to counseling drawing on insights from Scripture, incarnational Trinitarian theology, and psychology regarding God, humanity (including sin, human change and well-being) and Christian ministry. Application of these insights is then made to the practice of short-term, church-based counseling ministries that participate effectively, through the Holy Spirit, in the ongoing ministry of Jesus Christ, the "wonderful counselor."

Estimated workload: For a student to do well in this course, the student will need to invest a total of 138 hours, or about 12-13 hours per week of reading, participating on the website, and writing papers.

### Required textbooks

Collins, Gary R. *Christian Counseling: A Comprehensive Guide*, third edition. Nashville: Thomas Nelson, 2007. ISBN 13 9-781-4185-0329-1. 442 pages. Approximate price \$22; Kindle edition available.

Collins, Gary R. *Christian Counseling Casebook*. Nashville: Thomas Nelson, 2007. ISBN 978-1-4185-1660-4. Approximate price: \$30.

McMinn, Mark R. *Sin and Grace in Christian Counseling (an integrative paradigm)*. Downers Grove: Intervarsity, 2008. ISBN 978-0-8308-2851-7. 163 pages. Approximate price: \$18; Kindle edition available.

Please obtain these books before the class begins. To find the lowest prices on these books, you may find it helpful to use www.bookfinder.com.

## Requirements and assignments

- 1. **Read the lessons.** Lessons will be posted each Monday for the first ten weeks. See the *Student Handbook* for study suggestions. You should look up any scripture references in the lessons.
- 1. **Participate.** In most courses, part of the learning that occurs comes through discussion and interaction with other students. In an online class, this is done through comments posted on a discussion forum. This counts for 40 percent of the final grade.
- 2. **Read the textbooks.** They total about 600 pages, or about 60 pages each week.
- 3. **Midterm Summary Paper and Final Research Paper.** This counts for 60 percent of the final grade. We estimate that you will need about 55 hours to work on these papers an average of 5 hours per week some weeks more, some less. For a guide to formatting your papers, see "How to Format a GCS Paper," posted at <a href="https://learn.gcs.edu/mod/book/view.php?id=5854">https://learn.gcs.edu/mod/book/view.php?id=5854</a>.